

PERRYVILLE PARKS & RECREATION DEPARTMENT

2019 American Red Cross Group Swim Lessons

Session 1 Dates: June 10 through June 28

Session 2 Dates: July 8 through July 25
Lessons are daily Monday through Thursday

Level Descriptions:

Level One is to help students feel comfortable in the water and to enjoy the water safely.

Level Two is to give students success with fundamental skills and learn to float without support.

Level Three is to learn to coordinate front/back crawl and introduce the fundamentals of treading water.

Level Four is to develop confidence in strokes learned thus far and to improve other aquatic skills.

Level Five is to improve on coordination and refinement of key strokes.

Level Six is to polish strokes so students swim with more ease, efficiency, power and smoothness over greater distances.

Please check the session and circle the level and the time.

Session 1 _____

Session 2 _____

| | | | | |
|---------------------|---------|----------|----------|---------|
| Level 1 (ages 4-6) | X | 10:00 AM | 11:00 AM | 6:00 PM |
| Level 1 (ages 7-13) | 9:00 AM | 10:00 AM | 11:00 AM | 6:00 PM |
| Level 2 | 9:00 AM | 10:00 AM | 11:00 AM | 6:00 PM |
| Level 3 | 9:00 AM | 10:00 AM | 11:00 AM | 6:00 PM |
| Level 4 | 9:00 AM | X | X | 6:00 PM |
| Level 5 | X | 10:00 AM | X | X |
| Level 6 | X | X | 11:00 AM | X |

Class size is limited to 10 students. Class length times may vary.

Where: Perry Park Center

Days: Monday - Thursday

Fee: \$29.00 members/\$44.00 guests



THE CITY OF
PERRYVILLE
MISSOURI

Plant your family here.

Contact:

Julie King

(573) 547-7275

julieking@cityofperryville.com

Perryville Parks and Recreation Department

American Red Cross - Group Swim Lessons

Participant's Name_____

Address_____

City/State/Zip_____

Phone_____ Age_____ Birthdate_____

Gender: M F

Waiver

I/We the parent or legal guardian of the above named candidate for a position in American Red Cross Group Swim Lessons Program hereby gives my/our approval to their participation in any and all ARC activities. I/We assume all risks and hazards incidental to such participation in ARC activities and I/We do hereby waive, release, absolve, indemnify and agree to hold harmless the City of Perryville, Perryville Parks and Recreation along with the Perry Park Center, the organizers, sponsors, supervisors, participants and persons teaching my/our child, for any claim arising out of an injury to my/our child. Whether the result of negligence or for any other reason.

Parent/Guardian_____

Email Address_____

Home Phone_____ Cell Phone_____

Emergency Contact_____ Phone_____

If you are bringing a child over the age of 5 years of a different gender please let us know so a lifeguard will be available to walk them through the appropriate locker room.

For more information contact Julie King at (573) 547-7275